



# 3rd Annual Corpus Christi Cougars Running Wild 5K and Fun Run

**Medal of Honor Park**  
**Saturday December 13, 2014 3:00 PM**

**Date and Time:** Saturday, December 13, 2014. 5K race will start at 3:00 PM; fun run will start after the completion of the 5K – approximately 4:00pm.

**Location:** Registration and Post-Race Activities at Medal of Honor Park Pavilion.

**Benefiting:** Corpus Christi Booster Club and St. Mary's Home.

**Distance:** 5K and 1 mile Fun Run around Medal of Honor Park.

**Registration:** **Pre-register** by mail (entries should be postmarked by December 5, 2014 ), **OR** in person at Corpus Christi Catholic Church or school office, McCoy Outdoors or Run-n-Tri by 4:00 PM on December 12, 2014 **OR** online (www.eventbrite.com) until midnight December 12, 2014.

**Race day registration at Medal of Honor Park Pavilion from 2:00-2:45 PM.**

<b>Entry fees:</b>	Pre-registered 5K Adults: \$18	Day of 5K Race Adults: \$20
	Pre-registered 5K Children: \$15 (15 and under)	Day of Race 5K Children: \$17 (15 and under)
	Fun Run: \$12	Fun Run: \$15

Entry fee includes a t-shirt and an entry into a door prize raffle. **Bring a needed item or monetary donation on race day to benefit St. Mary's Home and receive an extra raffle ticket.**

**Awards:** Top male and female Overall, Masters, Grandmasters, Senior Grandmasters and Walker. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.

**Shirts:** Participants registered by **December 5<sup>th</sup>, 2014** will be **guaranteed** a t-shirt on race day.

**Post-Race Party:** Food, beverages and music will be provided after the race. All registered participants will be eligible for many fantastic door prizes.

**Special Awards:** **School/Company Race Team Awards:** The school/company with the most participation will have \$100 donated to their booster club/company race team (CCS excluded).

**Last Name** \_\_\_\_\_ **First Name** \_\_\_\_\_ **Age** \_\_\_\_\_ **Sex** \_\_\_\_\_ **FRN** \_\_\_\_\_

**Address** \_\_\_\_\_ **City, State & ZIP** \_\_\_\_\_

**Date of Birth** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Email:** \_\_\_\_\_

**T-Shirt:** YS YM YL YXL S M L XL XXL **Style:** Runner Walker **Event:** 5K Fun Run

**School or Company Name** \_\_\_\_\_

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and MP3 players, ear buds, and headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Corpus Christi Catholic Church, Corpus Christi Booster Club, LRH Productions, the City of Mobile, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

**Signature of Participant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(Parent/Guardian must sign for children under 19)

Make checks payable to: **Corpus Christi Catholic Booster Club.** Mail applications and fees to: **Corpus Christi Catholic Booster Club 5k; LRH Productions; PO Box 6976 Mobile, AL 36660**