



Do It in The Bush 5K

Saturday May 14, 2016 7:30 AM

Benefits: Port City Pacers Scholarship Fund

Organized by: Port City Pacers (www.pcpacers.org; 251-473-7223)

Location: Glenn Sebastian Nature Trail, University of South Alabama



Registration: Register by mail (entries should be postmarked by May 7), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on the May 12, or online (events.com) until 4 AM May 13.

Race day registration: Trailhead next to the Infectious Disease Bldg on the USA Campus - follow the signs to the parking areas - from 6:30-7:30 A.M.

Entry fees: With Shirt:

Pre-registered PCP member - **\$15** adult **\$7** children (12 and under)

Pre-registered Non-member - **\$18** adult **\$15** children (12 and under)

Everyone on day of race - **\$20** adult **\$15** children (12 and under)

No Shirt Option: Subtract \$3 from the entry fee.

***PCP Members 12 and under may participate for free - (\$7 with shirt) - if they pre-register



Course: 5K Cross-Country through the trails of USA campus. This course has some of roots, rocks, and mud puddles (depending on the weather).

Awards: Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and Walker (walkers do not run at all during the race). Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

Shirts: To guarantee a shirt on race day, you must submit your application and fees by May 3.

Post-Race Party: Special "end of year" party after race, food & beverages provided. Election of 2016 -2017 PCP board members to be held at this time.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** _____

Address: _____ **City, State & ZIP:** _____

Date of Birth: _____ **Phone Number:** _____ **Email:** _____

I am a: Runner Walker **T-Shirt Size:** YL S M L XL XXL No Shirt

PCP Member: Yes No **Donation to PCP Scholarship Fund:** \$ _____

Who would you like to see on the 2017 Do It in the Bush race tee shirt? _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Port City Pacers, University of South Alabama, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____

(Parent/Guardian must sign for participants under 19)

Make checks payable to: Port City Pacers

Mail completed applications and fees to: PCP; Do It in the Bush; P.O.Box 6427; Mobile, AL 36660