

CHICKASAW KIWANIS FREEDOM RUN



5K & 1 MILE FUN RUN

Saturday May 28, 2016 8 AM

Sponsored by: The Kiwanis Club of Chickasaw (Carnes Craig - Run Chairman - 251-680-8831 or ccraig5527@aol.com) The Kiwanis a global organization of volunteers dedicated to improving the world one child and one community at a time.

Proceeds Benefit: Children of Wounded Warriors (<http://childrenofwoundedwarriors.com>) and other local Kiwanis children's projects



Courses: Certified 5K course (AL08007JD) winds along the quiet streets of Chickasaw. One mile course (AL14038JD) loops out and back from the Chickasaw Civic Center.

Awards: Special awards to be presented to the fastest male and female runners. Awards to top male and female master and grandmaster and top three male and female runners in each age group. Age groups: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-up. **Race walkers:** Top three male & female overall. Awards to top male and female runners in 1 Mile Run/walk.

Registration: Pre-register by mail (entries should be postmarked by May 21), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on the Thursday, May 26, or online (<http://chickasawfreedomrun2016.eventbrite.com>) until 4 AM Friday, May 27. Packet pick-up and race day registration at the Chickasaw Civic Center, 224 Grant Street from 6:30-7:30 a.m.

Entry fee: **Pre-registered:** Adults: \$17 Children (15 and under): \$12
Day of Race: Adults: \$20 Children (15 and under): \$15

T-Shirts: Pre-registered participants will be guaranteed T-shirts in size requested if registered by May 9. Day of race registrants will receive shirts as long as supply last.

Post Race Party: Award ceremonies will be held at the West side of the Civic Center. Fruit, beverages, and beer provided for race participants along with red beans & rice from **D.C.'s Restaurant** and pizza from **Coach's Corner**.

Door Prizes: Drawings after the awards and you must be present to win. **Grand Prize** - a two night stay at the Beach provided by Brett Robinson – must be 21 or older.

Last Name: _____ First Name: _____ Age: _____ Sex: M F

Address: _____ City: _____ ST: _____ ZIP: _____

Date of Birth: _____ Phone: _____ Email: _____

T- Shirt Size YL S M L XL 2XL No Shirt (subtract \$2)

Event: 5K 1 Mile Style: Runner/walker Race Walker Donation to Kiwanis: \$ _____

50% discount with military ID: Military ID #: _____ Branch: _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter & run unless I am medically able & properly trained, & by my signature I certify that I am medically able to perform this event, am in good health & am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic & the conditions of the road, all such risks being known & appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, & radio headsets are not allowed in the race & I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself & anyone entitled to act on my behalf, waive & release the Little Red Hen Productions, City of Chickasaw, Chickasaw Kiwanis Club, sponsors, their representatives & successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Signature of parent or guardian for participants 18 and under)

Make checks payable to: **Chickasaw Kiwanis Club**

Mail to: **C. Craig; Freedom Run 5K; 4468 Pine Ave; Saraland, AL 36571**