lickoff Run For Sight

USA Lions Club presents

Kickoff Run for Sight

5K Run/Walk and Fun Run

Date:

Saturday August 29, 2015 7:30 AM University Lions Club 5K Run/walk will start at 7:30 AM. Fun Run will start at approximately 8:30 AM. Time: Location: Performing Arts Pavilion @ Langan/Municipal Park, 4901 Zeigler Blvd, Mobile, AL 36608 Benefits: Proceeds from the Kickoff for Sight 5K will benefit the sight programs of the University Lions Club. Please visit: http://www.e-clubhouse.org/sites/mobileuniversity to learn about our programs. Distance: Certified 5K course (AL10001JD) through beautiful Langan Park. Fun Run approximately 34 mile Parking: Free parking at the park – please park in the large parking lot on Flournoy Drive Registration: Pre-register by mail (entries should be postmarked by August 21, 2015), walk-in registration at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile, or Running Wild in Fairhope until noon on August 21, or online (http://kickoffforsight2015.eventbrite.com) until 4 AM on August 28. Race day registration and packet pick-up will take place at Performing Arts Pavilion from 6:00 - 7:15 AM. Shirts: Participants registered by August 21 will be guaranteed a tee shirt in the size requested on race day. After August 21, tee shirts can not be guaranteed. Pre-registered: Day of Race: Fees: Adults: \$20 Adults: \$25 Youth (12 and younger): \$15 Youth (12 and younger): \$20 Panhellenic member: \$17 Panhellenic member: \$20 Staving on the sideline: \$15 *Fees include race shirt and entry to post race party. **Sideliners get a shirt but do not run. No T-shirt option: subtract \$3 from registration fees. Awards: 5K: Top male and female Overall, Masters, Grandmasters, and Senior Grandmasters. Top three Male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Fun Run: Finishers will receive ribbons **Panhellenic** Friendly competition between sorority and fraternity teams with four or more members. Awards will be presented to the fastest team and the team that raises the most funds for the University Lions Club Team Challenge: sight programs. **Post-Race Party:** Food, beverages, awards presentation and music. ______ Last Name: _____ Age: ___ Sex: M F Address: City, State & ZIP: _____ Phone: Date of Birth: Email: T-Shirt: YM YL S M L XL XXL(add \$2) No Shirt (Subtract \$3) Event: 5K Fun Run Sideline Team Name: **Donation to University Lions Programs: \$** I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, t he effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release University Lions Club, Lions Club International, the University of South Alabama, the City of Mobile, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

(Parent/Guardian must sign for children under 19)

Make checks payable to: University Lions Club

Signature of Participant:

Mail to: University Lions Club; University of South Alabama; PO Box U1095; Mobile, AL 36688-0002 For additional information, please call: 251/422-2430 or email: tcarlisl@health.southalabama.edu