

Set Your Pace 5K Run/Walk

Presented by PharmaFIT

Saturday

March 29, 2014

8 AM



Benefits: Ozanam Charitable Pharmacy

Sponsored by: HSOP - Mobile

Location: Race will start and finish at the SGA Pavilion by the intramural fields

Distance: Certified 5K course (AL08044JD) on USA Campus.

Registration: Register by mail (entries should be postmarked by March 22, 2014), in person at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on March 27, or online (www.eventbrite.com) until midnight, March 27, 2014 Race day registration and packet pick-up at the SGA Pavilion from 6:30 to 7:30 AM.

Entry fees: Pre-registered:

\$10 Without Shirt

\$15 With Shirt

Day of Race:

\$15 Without Shirt

\$20 With Shirt

Awards: Top male and female Overall, top male and female in age groups: 10 and under, 40-49, 50-59, and 60+, and top three male and female in age groups 11-19, 20-29, and 30-39. Fun Run finishers will receive ribbons. Special award for best costume.

Shirts: To guarantee a shirt on race day, you must submit your application by March 15.

Post-Race Party: Food and beverages will be provided after the race.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** _____

Address: _____ **City, State & ZIP:** _____

Date of Birth: _____ **Phone:** _____ **Email:** _____

Event: 5K Fun Run **T-Shirt Size:** YM YL S M L XL No Shirt

Donation to Charities: \$ _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release University of South Alabama, Auburn University, Harrison School of Pharmacy and its Students, LRH Productions (Margaret Olive), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event on March 29, 2014, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: APAA

Mail completed applications and fees to: Set Your Pace 5K; LRH Productions; PO Box 6976; Mobile, AL. 36660