



5K Rescue Run and Wiggle Waggle Walk/Run

Saturday - April 30, 2016 - 8 AM

Benefiting: Animal Rescue Foundation (www.AnimalRescueMobile.org)

Distances: 5K Rescue Run certified (AL12033JD) 5K course (*Humans Only*)
Wiggle Waggle Walk/Run - 1 Mile certified course (AL12034JD)

Location: Bellingrath Gardens and Home

Registration: Registration by mail must be received by April 25, drop off at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on April 28, or register online at or <http://rrwww2016.eventbrite.com> or through AnimalRescueMobile.org until 4 AM April 29

Pets: Dogs are welcome at the Wiggle Waggle Walk. People are responsible for pet products

Entry fees: Pre-registered: 5K - \$25 Wiggle Waggle Walk Fun Run: \$25
Race day: 5K - \$30 Wiggle Waggle Walk Fun Run: \$25
Stay in the Kennel - \$15 includes shirt but not running/walking required
*Fees include race shirt and post-race refreshments

Awards: First male and female finishers, top 3 finishers (male and female) 10 and under, 11-18. Top finishers (male and female) 19-29, 30-39, 40-49, 50-79, and 80+

Shirts: To guarantee a shirt on race day, your registration must be received by April 15, 2016.

Post-race: Food and beverages will be provided after the race. All registered runners and walkers will also receive free admission to Bellingrath Gardens after the race/walk! For one day only, dogs will allowed to accompany their owners throughout the gardens for an additional \$5/dog donation to ARF.

R-A-R: No dog to walk? No problem! **Rent A Rescue!** For a \$10 donation you can Rent- a-rescue for the walk! To reserve a rescue, email: Ali@AnimalRescueMobile.org

Last Name: _____ **First Name:** _____ **Age:** ____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Date of Birth:** _____ **Email:** _____

T-Shirt: YL S M L XL XXL **Event:** 5K Fun Run Stay in Kennel

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Animal Rescue Foundation, Bellingrath Gardens, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant (Or Guardian if Under 19): _____ **Date:** _____

Make Checks Payable to: Animal Rescue Foundation

Mail checks and applications to: Wiggle Waggle; LRH Productions; PO Box 6976; Mobile, AL 36660



**ARF is a 501(c)3 Non-Profit Organization.
All proceeds from this event go directly the care of
ARF rescues. Thank you for your support!**

