



Run of the Hill 5K

Saturday, April 18, 2015 at 8 AM

- Benefits:** Spring Hill College International Service Immersion Program
- Organized by:** Campus Ministry
- Location:** Spring Hill College campus – Stewartfield on the Avenue of the Oaks
- Distance:** Certified 5K (AL06016JD) course loops through the beautiful campus of Spring Hill College
- Registration:** Register by mail (entries should be postmarked by Wednesday, April 8, 2015), in person at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on Thursday, April 16, or online runofthehill2015.eventbrite.com until 4 AM Friday, April 17. Packet pick-up and race day registration will take place on Saturday, April 18 at Stewartfield from 7 – 7:50 AM
- Entry fees:** Pre-registered: **\$10** for SHC students and children 12 and under; **\$20** for SHC alumni, faculty/staff, and General Admission
Day of Race: **\$15** for SHC students and children 12 and under; **\$25** for alumni, fac/staff, and general admission.
Sleep-In Option: **For \$15, you can sleep in, get a T-shirt, and still contribute**
- Awards:** Top male and female for age groups 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and above
- Special Awards:** **Special awards for top male and female finishers in the following categories:** overall, student, and alumni/faculty/staff
- Shirts:** The entry fee includes a race T-shirt, race packet and admittance to the post-race awards ceremony. Shirts guaranteed to all runners registered by Friday, April 10. Day of race registrants will receive shirts as long as supply lasts.
- Post-Race Party:** Light food and beverages will be provided after the race.

Last Name _____ First Name _____ Age _____ Sex M F

Address _____ City, State & ZIP _____

Date of Birth _____ Phone _____ Email _____

I am registering as: Child under 13 SHC student Alumni SHC Fac/Staff General Admission Sleep-In

T-Shirt Size: S M L XL XXL Donation to SHC Campus Ministry: \$_____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release **Spring Hill College**, LRH Productions, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to **Spring Hill College Campus Ministry** and mail completed applications and fees to:
Spring Hill College Office of Campus Ministry; 4000 Dauphin St.; Mobile, AL 36608