



# Soaring Eagles 5K

Saturday

April 5, 2014

8 AM

**Benefits:** St. Dominic Catholic School Scouting Program

**Organized by:** St. Dominic Cub Scouts Pack 143

**Location:** Medal of Honor Park (1711 Hillcrest Road, Mobile, AL 36609)

**Distance:** Cross country 5K course (Do it in the Bush course)

**Registration:** Register by mail (entries should be postmarked by March 29th), in person at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on April 3rd, or online (Active.com) until midnight Thursday, April 3rd. Race day registration and packet pick-up at Medal of Honor Park from 6:30 AM until 7:45 AM.

**Entry fees:** Pre-registered - **\$20** Day of Race - **\$25**  
Student/Faculty (any school K-12): **\$12**  
\*Entry fee includes a race shirt \*\*No Shirt Option – subtract \$3 from fees

**Awards:** Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and Race Walker. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.

**Special Awards:** Participants are encouraged to indicate on their applications the school that they support. Specials awards will be given to the top boy and girl from any school with at least 10 registrations.

**Shirts:** To guarantee a shirt on race day, you must submit your application by March 23rd.

**Post-Race Party:** Food and beverages will be provided after the race.

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City, State & ZIP:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Style:** Runner Race walker (no running during race)

**T-Shirt Size:** YS YM YL S M L XL XXL No Shirt **Additional Donation:** \_\_\_\_\_

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release St. Dominic Pack 143, the City of Mobile, LRH Productions, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/Guardian must sign for participants under 19)

**Make checks payable to:** St. Dominic Pack 143

**Mail completed applications and fees to:** St. Dominic Pack 143; 7162 Smithfield Road; Mobile, Alabama 36695

