

2nd Annual Gobble Wobble 5K/COSTUME (optional)

Run/Walk to support the PHS NHD Program

November 14, 8:30 AM

HEALTH PLEX MEMBERS Can get the discounted registration until November 7th.

Email egreen@psd.ms and send in your check to the address below.

\$25 Early Registration **\$20 Team Registration**
\$30 Late Registration

Check one: 5k run 5k walk

Name: _____ Date Of Birth: _____

Address: _____

City: _____ State: _____ Zip Code: _____ Sex: _____

Age On Race Day: _____ Phone Number: _____

Group Name: _____

Short sleeved (default shirt) Long sleeved

T-shirt Size: YS YM YL AS AM AL AXL 2X 3X

*2X and 3X will cost an additional \$3 towards total owed.

*Mail Checks Payable to "PHS Activities" at:

Pascagoula High School Attention: Elizabeth Green
1716 Tucker St
Pascagoula, MS 39567

*I know that running a road race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of weather including humidity and heat, traffic and the conditions of the road all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in your consideration in accepting of my entry, I for myself and anyone entitled to act on my behalf, waive and release the Pascagoula School District and all sponsors their representatives and their successors from all claims of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photography, motion picture, or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

AWARDS:

BEST COSTUME

Top 3 overall

First 3 male & female Runners

First 3 Walkers

TOP 3 IN EACH 5K AGE GROUP:

Male ~ 1-12; 13-19; 20-29; 30-39; 40-49; 50 & up

Female ~ 1-12; 13-19; 20-29; 30-39; 40-49; 50 & up

ENTRY FEES:

Pre-Registration 5K run/walk~ \$25 includes long-sleeve t-shirt

GROUPS of FIVE OR MORE REGISTERING TOGETHER CAN PAY \$20 each.

Late Registration 5K run/walk~ \$30 t-shirt not guaranteed

*A limited amount of t-shirts will be available for purchase on day of race for non-participants for \$15.

*Early Registration must be postmarked by November 1st to guarantee a t-shirt. Anything afterwards will be considered late registration and not guaranteed a shirt. You may register the morning of the run beginning at 8:00 at the Beach Park Pavilion.

COURSE:

The run will begin at Pascagoula Beach Park, at 600 Park Street, and will go west on Beach Boulevard. The course will turn north just shy of Market Street and make its way east on Washington, back to the Beach Park Pavilion. The course is a very flat and scenic run. Water stations will be set up at the 1 and 2 mile markers.