



3rd Annual Caring for Caryn's Kids 5K Race ~ Fun Run/Walk/Skate



Caryn's Kids Scholarship Fund
In Loving Memory of
Caryn Hyatt-Suthoff

Saturday ~ January 21, 2017 ~ 8 AM

Portion of proceeds benefitting the Caryn Hyatt Suthoff "Caryn's Kids Scholarship Fund"

Location: SGA Pavilion by the intramural fields of the USA main campus (Cleverdon Road)

Distance: Certified 5K course (AL08044JD) on USA Campus; Fun run/walk/skate approximately ¾ mile.
5K will start at 8 AM; Fun Run/Walk/Skate will start at 9:15 AM

Registration: Register by mail (entries should be postmarked by January 14), in person at McCoy Outdoor, Run-N-Tri or Fleet Feet in Mobile or Running Wild in Fairhope until noon on January 19, or online until 4 AM January 20 (<http://www.active.com/mobile-al/running/distance-running-races/caryn-s-kids-run-with-a-dot-2017>)
Packet pick-up and race day registration at the SGA Pavilion from 7 – 7:45 AM.

Entry fees:	Pre-registered:	Day of Race:
	Adult 5K or Skate: \$20	5K or Skate: \$25
	12 and under 5K or Skate: \$18	12 and under 5K or Skate: \$20
	Fun Run: \$18	Fun Run: \$20
	Shirt only: \$15	
	*Fees include race shirt; no shirt option – subtract \$3	

Awards: Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.

Fun Run Awards: Top three male and female: 9 and under, 10-15, 16-18. .

Post-race: Cookout, refreshments, music, and awards ceremony. All registered participants eligible for door prizes.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** **M** **F**

Address: _____ **City, State, and Zip:** _____

Phone: _____ **DOB:** _____ **Email:** _____

Event: 5K Fun Run Skate **T-shirt size:** YS YM YL S M L XL XXL No Shirt

I know that running or walking a cross country race is a potentially hazardous activity that could cause injury or death. I should not enter the run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all inherent risk associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, the conditions of the trail, the conditions of the bridges, all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, discharge, and release the Order of Polka Dots, officers, and members, LRH Productions, University of South Alabama, all sponsors and volunteers from all claims or liabilities of any kind arising out of my participation in this event on January 21, 2017, even though that liability may arise out of negligence or carelessness on part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Please make checks payable to: Caryn's Kids Scholarship Fund c/o Meighan Harton

Mail to: Caryn's Kids Scholarship Fund, Meighan Harton; 803 Wesley Avenue; Mobile, Alabama 36609