

INFIRMARY

Twilight Duathlon

RUN BIKE RUN



Last Name: _____

First Name: _____

Address: _____

City, State, & Zip: _____

Email: _____

Date of birth ___/___/___ Age _____ Male Female

Phone: _____

FUN RUN only (check here) **minimum age 8 years old**

T-Shirt size:

Y-L S M L XL XXL XXXL

Fat Tire (mountain bike), cruiser bike, hybrid bike, etc.)

RELAY TEAMS ONLY (2 or 3) or

Class of relay: Male Female Co-ed

Racer 1* _____

Racer 2 _____

Racer 3 _____

Address*: _____

City*, State*, & Zip*: _____

Email Address* _____

Phone Number* _____

Shirt Size (list each racer's size)

Racer 1 _____ Racer 2 _____ Racer 3 _____

AFTER Party (free for Duathlon and Fun Run participants)

\$5 one extra ticket (additional tickets \$10 each # of tickets _____)

PAYMENT

Total \$ _____ Check (made out to Infirmiry Foundation)

Credit Card: Visa MC AMEX Discover

Card # _____ Expiration Date _____

Name on Credit Card _____

Security Code _____

WAIVER AND RELEASE FORM LIABILITY (ALL PARTICIPANTS MUST SIGN):

THE UNDERSIGNED HEREBY ACKNOWLEDGES AND AGREES TO ALL TERMS AND CONDITIONS CONTAINED HEREIN INCLUDING, WITHOUT LIMITATION, THE RELEASE AND INDEMNITY CONTAINED ON THE REAR OF THIS APPLICATION.

X _____ Date _____

X _____ Date _____

X _____ Date _____

Signature (If under 18 years old parent/guardian signature required)

COURSE:

Course maps may be found at infirmiryduathlon.racesonline.com
THE BIKE PORTION IS NOT A CLOSED COURSE. YOU WILL BE SHARING THE ROAD WITH CARS – PLEASE RIDE SAFELY.

SCHEDULE:

Race starts at 5pm. Packet pick-up and Health Expo on Friday, April 26th, 3pm-7pm at Pro Health Fitness. Day of Race Registration and Packet Pick-up starts Saturday at 3pm

ENTRY FEES:

\$35 Individuals, \$55 Relay teams, (**\$25 FUN RUN only**)
DEADLINES: Mail-In deadline is Saturday, April 19, 2014. Online Registration deadline is Thursday, April 24 at Midnight. (Limited to first 500 participants.)

RULES:

The transition area is first come first served – no assigned racking. Transition area opens at 3pm. Helmets are required and USAT rules will apply – no drafting. Minimum age for participating in the Duathlon is **10 years old**, minimum age for participating in the Fun Run is **8 years old**. No headsets allowed during event. Events are held rain or shine. Entries are non-refundable and non-transferable. Liability waiver must be signed by all participants.

Please note: There is a 2 hr and 30 minute time limit on the completion of the duathlon course.

DIRECTIONS:

Mobile Infirmiry is located at 5 Mobile Infirmiry Circle • Mobile, AL 36607

CATEGORIES:

Age groups in 5-year increments, Relay Teams (Male, Female and Co-Ed), Fat Tire (Male, Female)

RESULTS/AWARDS:

Awards Ceremony will take place once results are compiled. Awards given to top 3 **Duathlon** overall finishers (Male/Female) Top 3 male/female in Fat Tire division, 1st place only for Relay Teams (male, female, co-ed) as well as top 3 in each age division. Awards will be given to top 3 **Fun Run** overall finishers.

RACE INFORMATION:

251-435-4773 or johnmcdill@infirmiryhealth.org



INFIRMARY
HEALTH