



# 1 Mile Walk and 5K Run

**Saturday**

**March 7, 2015**

**8:00 a.m.**

- Benefits:** Make-A-Wish Alabama
- Organized by:** Erin Moussallem of Make-A-Wish
- Location:** Registration, packet pick-up, and post race activities at 2703 Battleship Memorial Park on Battleship Parkway.
- Distance:** Out and back certified 5K (AL08020JD) course along Battleship Parkway between Mobile and Spanish Fort. Fluids will be provided along the race course.  
Out and back 1 mile walk course along Battleship Parkway between Mobile and Spanish Fort.
- Registration:** Register by mail in person at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on Thursday, March 5, or online until midnight Thursday, March 5 at <http://alabama.wish.org/walkforwishes>. Packet Pick-up and race day registration at the Battleship from 7:00 a.m. – 8:00 a.m.
- Entry Fees:**

Pre-registered:	Day of Race:
Runners: <b>\$20</b>	Runners: <b>\$25</b>
Walkers: <b>\$20</b>	Walkers: <b>\$25</b>

\*Entry fee includes shirt and post-race party.
- Awards:** Top two male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-99.
- Shirts:** Raising at least \$100 will earn each participant a t-shirt and goodie bag. T-shirts will be available for sale at the event.
- Post-Race:** Food, beverages, and awards after the race.

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **Age:** \_\_\_\_ **Sex:** M F

**Address:** \_\_\_\_\_ **City, State & ZIP:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Event:** 5K 1 Mile      **Shirt :** XS S M L XL XXXL No Shirt

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decisions of a race official relative to any aspect of my participation in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Make-A-Wish, USS ALABAMA Battleship Foundation, Inc., USS ALABAMA Battleship Memorial Park, LRH Productions, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Guardian must sign for participants under 19)

**Make checks payable to:** Make-A-Wish Alabama  
**Mail completed application and fees to:** 244 Goodwin Crest Drive, Suite 200, Birmingham, AL 35209