



# Dauphin Way United Methodist Church 5K Pick up & Run/Walk for Missions

February 16, 2014 5K - 2:00 p.m. Fun Run - 3:00 p.m.

## A B O U T

**Goal:** To raise awareness and support for local and global missions, specifically in Tegucigalpa Honduras. We will also have trailers following the runners to pick up canned goods from those who live along the race route to give to local food banks.

**Organized by:** Members of DWUMC and produced by Little Red Hen Productions.

**Location:** The race will begin and end at Dauphin Way United Methodist Church.

**Distance:** 5k race is approximately 3.1 miles through scenic Midtown Mobile. Fun Run is 1 mile.

## R E G I S T R A T I O N

**IN PERSON:** Dauphin Way UMC 1507 Dauphin Street Mobile AL 36604

**ONLINE:** [www.dw5k.com](http://www.dw5k.com) until midnight February 12th.

**BY MAIL:** Register by mail (should be postmarked by February 7, 2014).

*Race day registration at Dauphin Way UMC 12:00-1:00 pm.*

## E N T R Y F E E S

**Pre-registered:** Adults \$20 • Youth \$15

**Registration after February 10<sup>th</sup>:** Adults \$25 • Youth \$20

**Awards:** Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and Race Walker. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-99.

**Shirts:** To guarantee a shirt on race day, you must submit your application by February 10<sup>th</sup>.

**Post-Race Party:** Food and beverages will be provided after the race in McGowin Hall. There will also be a silent auction and live music.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City, State, ZIP \_\_\_\_\_

Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Event: 5K    Fun Run    Adult T-Shirt Size: S    M    L    XL    XXL    Youth Size: S    M    L

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Dauphin Way United Methodist Church 1507 Dauphin Street Mobile, AL, LRH Productions, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

(Parent/Guardian must sign for participants under 19)

**Make checks payable to:** Dauphin Way UMC.

**Mail completed applications and fees to:** Dauphin Way UMC; 1507 Dauphin Street; Mobile, AL 36604