



Mobile Police SWAT Team's Just for the Mud of It 5K

Presented by Nudraulix

Saturday June 4, 2016 7:00 AM

- Organized by:** Mobile Police SWAT Team
- Location:** 12251 Tanner Williams Rd, Mobile, AL 36608 - next to Big Creek Lake dam
- Benefits:** Proceeds to benefit SWAT Team for training and equipment
- Distance:** 5K course that includes mud and obstacles - check us out at justforthemudofit.org or follow the event on Facebook.
- Registration:** Pre-register by mail (entries should be postmarked by May 28), walk-in at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile, or Running Wild in Fairhope until noon on June 2, or online at Events.com until 4 AM June 3. Early packet pick-up and late registration on Friday, June 3 from noon until 6 PM at Port City Pacers' office at 358 Morgan Ave. Race day registration and packet pick-up available at the Shooting Range on Tanner Williams Road from 6 AM – 6:45 AM.
- Shirts:** Participants registered by May 28 will be guaranteed a tee shirt on race day. Shirts while supplies last after May 28.
- Fees:** **Pre-registered:** **Day of Race:**
Individuals*: \$45 **Individuals: \$55**
***Participants must be 13 or older on race day to participate in the Mud Run**
****Fees include race shirt, entry to post race party, and eligibility for door prizes.**
*****No shirt option – subtract \$5**
- Starting Times:** Runners will launch in waves of 50 – 75 individuals at 15 minute intervals. Please pick your preferred starting time. It is highly recommended that the faster runners select the earlier start times.
- Awards:** Top male and female and top two male and female in age groups: 13-17, 18-22, 23-27, 28-32, 33-37, 38-42, 43-47, 48-52, 53-57, 58-62, 63-67, 68 and above
- Post-Race Party:** Food, beverages, awards presentation and music.

Last Name: _____ **First Name:** _____ **Age:** ____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Date of Birth:** _____ **Email:** _____

T-Shirt: XS S M L XL XXL No Shirt **Donation to MPD SWAT Team: \$**_____

Preferred starting time: 7 AM 7:15 AM 7:30 AM 7:45 AM 8 AM 8:15 AM 8:30 AM 8:45 AM

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the City of Mobile, Mobile Police Department, MAWSS, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I am aware that I will read and sign an additional release waiver before running the course on June 4, 2016.

Signature of Participant: _____ **Date:** _____
(Parent/Guardian must sign for children under 19)

Make checks payable to: Mobile Law Enforcement Foundation, Inc
Mail to: For the Mud of It; LRH Productions; PO Box 6976; Mobile, AL 36660
For additional information, visit: www.justforthemudofit.org

We thank our sponsors:

Nudraulix **Mobile Area Water & Sewer System**