



Crowder Gulf and the Port City Pacers present
HURRICANE RUN 5K & Fun Run
 Saturday - September 7, 2024 - 8:10 AM

Start Time: 5K starts at 8:10 AM Fun Run starts at 9 AM

Organized by: Port City Pacers Running Club [Information: www.portcitypacers.com or (251)473-7223]

Location: Dauphin Island Sea Lab; 101 Bienville Blvd, Dauphin Island, AL 36528

Distance: 5K Certified Course (AL17039JE) - Fun Run approximately 1/2 mile.

Registration: Register by mail (entries should be postmarked by August 31), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile until noon on the Thursday, September 5, or online (events.com) until 6 AM Friday, September 6. Early packet pick-up and late registration will be available at PCP office (358 Morgan Avenue, Mobile, AL 36606) from noon until 5:30 PM on Friday, September 6. Packet pick-up and race day registration at DI Sea Lab from 6:30 - 7:50 AM.



Entry fees: **Pre-registered 5K:** \$20 Non-PCP members (with shirt) **5K:** \$18 PCP members **Day of Race: 5K:** \$25 Everyone (with shirt) **Fun Run:** \$15 Everyone **Fun Run:** \$10 Everyone

No shirt option: Subtract \$2 from entry fees

Pre-registered PCP members 12 and under may participate for free - shirt not included.

Entry fee is \$8 if the pre-registered PCP member 12 and under who wants a shirt.

Awards: **5K:** Top 3 Overall male and female, and top male and female Masters, Grandmasters, Senior Grandmasters, Race Walkers and Wheelchair. Top 3 male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

Fun Run: Top 3 overall boy and girl, top 3 boys and girls in age groups: 6 & under, 7-9, and 10-12

Shirts: Race participants will receive short sleeved moisture management tee shirts. Shirts will be sized for men and women. Tee shirts available on race day while supplies last. Shirts will not be reordered after the race.

Post-Race Party: Awards, food, fun, and beverages after the race.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Date of Birth:** _____ **Email:** _____

Style: Run/Walk Race walker Wheelchair **PCP Member:** Yes No **Event:** 5K Fun Run

T-Shirt Size: Men's Women's YS YM YL S M L XL XXL (+\$2) No shirt (-\$2)

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Dauphin Island Sea Lab, Port City Pacers, Crowder Gulf, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Images collected during the event may be used in promotions of Pacer events.

Signature of Participant _____ Date _____
 (Parent/Guardian must sign for participants under 19)

Make checks payable to: **Port City Pacers**
 Mail to: **Hurricane Run; PCP; PO Box 6427; Mobile, AL 36660**

