



Fool's Rush 5K



5K Run/Walk and Fun Run Saturday ~ April 2, 2016 ~ 8 AM

- Benefits:** Southwind Drum & Bugle Corps
- Organized by:** Southwind Drum & Bugle Corps
- Location:** SGA Pavilion by the intramural fields of the USA main campus
- Distance:** Certified 5K course (AL08044JD) - the Swamp Loop – on USA Campus;
Fun run approximately ¾ mile.
- Registration:** Register by mail (entries should be postmarked by March 26), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on Thursday, March 31, or online (eventbrite.com) until 4 AM Friday, April 1. Packet pick-up and race day registration at the SGA Pavilion from 6:30 AM – 7:45 AM.
- Entry Fees:**
- | | |
|--------------------------------------|--------------------------------------|
| Pre-registered: | Day of Race: |
| Adults: \$20 | Adults: \$25 |
| Children (12 and under): \$15 | Children (12 and under): \$20 |
| Southwind Supporter: \$15 | Southwind Supporter: \$15 |
- Race fees include race shirt; *No shirt option: subtract \$3
- Awards:** Top male and female Overall, Masters, Grandmasters, and Senior Grandmasters. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.
- Shirts:** Participants must be registered by March 19, 2016 to guarantee a t-shirt on race day.
- Post-Race:** **MUSIC**, Assorted food, beverages, and awards will be provided after the race

Last Name: _____ First Name: _____ Age: ____ Sex: M F

Address: _____ City, State & ZIP: _____

Phone: _____ Date of Birth: _____ Email: _____

Event: 5K Fun Run Southwind Supporter Shirt Size: YL S M L XL XXL No Shirt
Donation to Southwind Drum & Bugle Corps: \$ _____

I know that running or walking a cross country race is a potentially hazardous activity that could cause injury or death. I should not enter the run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all inherent risk associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, the conditions of the trail, the conditions of the bridges, all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, discharge, and release the Women's Business Alliance, officers, and members, Southwind Drum and Bugle Corps, LRH Productions, University of South Alabama, all sponsors and volunteers from all claims or liabilities of any kind arising out of my participation in this event on April 2, 2016, even though that liability may arise out of negligence or carelessness on part of the persons named in this waiver.

Signature of Participant _____ Date: _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: Southwind Drum & Bugle Corps
Mail completed application and fees to: Fool's Rush 5K; P.O. Box 851874, Mobile, AL 36685-1874